



VIRTUAL, ONLINE CARDIAC SUPPORT GROUPS

Cardiac

Open to all cardiac patients and their families, this support group includes presentations by health care professionals, followed by networking and discussion on issues of personal interest to those with heart disease. Led by a former cardiac patient, and facilitated by heart and vascular nurse navigators, the support group has been available to the community for over 15 years. New topics are presented each month.

For more information: Call the Nurse Navigator Line at 610-220-0432 or
E-Mail: cch@uphs.upenn.edu.

Date and Time: First Thursday of Each Month: 1 PM - 2:30 PM

Living with Heart Failure

If you or a loved one live with congestive heart failure, join others who also deal with this challenging chronic disease. Chester County Hospital's Heart Failure Team shares information to help you manage your symptoms, avoid hospitalizations, live a fuller life, and understand other health conditions common to people with heart failure. Topics and speakers are selected to meet the diverse needs of heart failure patients and their caregivers.

For more information: Call the Heart Failure Program Manager at 610-738-2583 or
E-Mail: Rebecca.Mountain@pennteam.upenn.edu

Date and Time: Second Thursday of Each Month: 2 PM – 3 PM

Implantable Cardioverter Defibrillator (ICD)

Do you or a loved one have an *implantable Cardioverter Defibrillator (ICD)*? Would you like to talk with others who are learning to live with this life-saving device? Join the Electrophysiology team for informative sessions about ICDs.

For More Information About Meeting Times:

Visit ChesterCountyHospital.org/Wellness or Call 610-738-2300

FEE: FREE

TO REGISTER OR FOR MORE INFORMATION:

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